

# Chronic Care Management



**Chronic care management is a service offered through Medicare to improve your health and help you better manage any chronic health conditions.**



## Custom care for your chronic health conditions.

### What is a chronic condition?

A chronic condition is a longer-term health problem. Chronic health conditions can require a lot of care, especially if you have multiple conditions to manage.

If you have two or more chronic health conditions, you may qualify for a team of health care providers to help you manage those conditions.

Some chronic conditions include:

- Alzheimer's Disease and related dementia
- Arthritis
- Asthma
- Atrial fibrillation
- Autism spectrum disorders
- Cancer
- Cardiovascular Disease
- Chronic Obstructive Pulmonary Disease (COPD)
- Depression
- Diabetes
- Hypertension
- HIV/AIDS

With Chronic Care Management, you have access to a coordinated team of professionals to help you stay healthy.

### What services are provided with Chronic Care Management?

Chronic Care Management services include a care plan that lists your health problems and goals. It can also include services from your medical providers and

their care teams to help better coordinate your care. The best part is that your care is custom to you, your health needs and your goals.

Chronic Care Management services can include:

- Coordinating care between your entire health care team
- 24/7 patient access to care and health information
- Additional preventative care
- Resource referrals

Chronic Care Management services can help your health care team see a complete picture of your health and be more prepared to offer you the best possible care and better quality of life.

### Can I still see my doctor?

Yes. You can still see your doctor for any regularly scheduled appointments. Your chosen medical provider is a key part of your care and will be working to help others on your health care team stay informed about your health needs.

### Does it cost to have these services?

Yes. You pay a monthly fee and the Medicare Part B deductible and coinsurance can apply. If you have supplemental insurance or secondary coverage, it may help cover a monthly fee.

### How can I start receiving Chronic Care Management services?

If you think you could benefit from additional support, ask your health care provider. If you are eligible, you will be asked to consent for these services since you will be responsible for part of the bill. You will also be scheduled for an initial visit to begin services.

### What is an initial visit?

An initial visit is your first face-to-face or in person visit with your chronic care management team to begin receiving services. An initial visit can occur along with your already scheduled visits:

- Annual Wellness Visits
- Initial preventative physicals
- Transitional care visits
- Any other scheduled visit to your primary health care provider

Chronic care management can help your health care team see a complete picture of your health and be more prepared to offer you the best possible care and better quality of life.

Scan the QR code for a video to learn more about Chronic Care Management

